Health Studies - Population Health (HBSc)
Department of Health and Society

The Health Studies Major in Population Health focuses on the biological determinants of health, epidemiology, aging and the life cycle, and the importance of social and behavioural shapers of health. Students will learn about the biological determinants of health, epidemiology, aging and the life cycle, and the impact of environmental factors on health, both in a Canadian and global context. Graduates will have a strong interdisciplinary experience that will provide them with a solid understanding of the biological basis for health and disease including infectious, non-communicable, environmental diseases and the social determinants of health.

Complementary Programs: Biology, Human Biology, Molecular Biology, Immunology and Disease, Mental Health Studies, Psychology, Neuroscience, Environmental Science, Statistics

Make the most of your time at UTSC!
We want to help you maximize your university experience, so we’ve pulled together information and suggestions to get you started, although there are many more! As you review the chart on the inside pages, note that many of the suggestions need not be restricted to the year they are listed. In fact, activities such as joining a student club, engaging with faculty and seeking opportunities to gain experience should occur in each year of your study.

Check out future career opportunities and skills acquired from completing this program:

Competencies & Skills
- Analyze social, historical, political, and economic processes that shape health and well-being
- Identify biological, behavioural, and environmental factors that affect health
- Analyze how cultural factors mediate health practices and shape health outcomes through tradition, ritual, customs, and concepts of health, illness and disease

Careers for Graduates
- Team Assistant in community care centres
- Customer Service Agent in biomedical products firms
- Coordinator in health services
- Clinical Research Assistant in the pharmaceutical industry
- Activationist in long-term care homes
- Project Assistant in health promotion services

Further Education
- Public Health
- Health Science
- Epidemiology
- Gerontology
- Health/Public Policy & Administration
- Community Health or Development
- Community Education
- Medicine or Nursing
- Rehabilitation Sciences
- Regulatory Affairs

Connect with Alumni at events on CLNx and through Partners in Leadership, 10,000 Coffees, LinkedIn and more!
For more information go to: uoft.me/alumni-services

NEED HELP CHOOSING YOUR PROGRAM?
See uoft.me/choosing
# Health Studies - Population Health (HBSc)

## Major Program Pathway

### Year 1 (0 - 3.5 Credits)
- 1.5 credits as follows: [BIOA11H3 or BIOA01H3], HLTAGH3, HLTAOH3.
- Explore different kinds of courses; this will also help with fulfilling breadth requirements and electives.
- Use Degree Explorer to plan your courses and program of interest.
- See the UTSC Calendar for course requirements.

### Year 2 (4 - 8.5 Credits)
- 2.5 credits from [HLTB11H3 or BIOB35H3, HLTB16H3, HLTB22H3, HLTB44H3 or PHLB09H3, [STAB22H3 or STAB23H3]].
- 0.5 credit: HLTB015H3.
- 0.5 credit from: HLTB41H3, HLTB42H3, HLTB50H3.
- 0.5 credit from: GGRB28H3, HLTB20H3, HLTB41H3, HLTB50H3, STAB27H3.
- Schedule an appointment with your Program Librarian for in-depth research assistance with your assignments.
- Get writing support at CTL’s Writing Centre.

### Year 3 (9 - 13.5 Credits)
- 0.5 credit from: ANTC67H3, HLTCC27H3.
- Use Degree Explorer to ensure you are on track to graduate.

### Year 4 or Final Year (14 - 20 Credits)
- 0.5 D-level credit in HLT courses.
- Ensure you have fulfilled your breadth requirements.
- Use Degree Explorer to ensure you are on track to graduate.
- Register your “Intent to Graduate” on ACORN by the deadline.

### Apply Theory to Practice
- Get involved in relevant opportunities on and/or off campus; apply to Work Study, or other part-time and summer jobs on CLNx.
- Check CLNx to search for Work Study or volunteer positions on campus to gain experience and to get involved.
- Considering grad school? Speak to professors and advisors early so you are on track.
- Explore careers through the AA&CC’s Job Shadowing and In The Field programs.

### Become an Engaged Citizen (Locally & Globally)
- Volunteer with organizations to explore your interests; check listings on CLNx.
- Attend the Get Experience Fair in September and register with SCSU’s Volunteer Network Program to explore opportunities.
- Volunteer in DSL’s Alternative Reading Week program to gain experience and knowledge about social change and community development.
- Participate in the AA&CC’s Partners in Leadership program to learn and network with an alumni mentor about transitioning to work or further education.

### Plan for Your Future Career
- Attend the UTSC Faculty Mix & Mingle Fair to connect with professors and learn more about their specialties.
- Start building your Co-Curricular Record (CCR) and search for Experiential Learning opportunities.
- Get involved with the Health and Society Students’ Association (HSSA); also explore other relevant student clubs and activities on campus.
- Volunteer with organizations to explore your interests; check listings on CLNx.
- Attend the Get Experience Fair in September and register with SCSU’s Volunteer Network Program to explore opportunities.
- Attend the AA&CC’s Get Hired job search conference in April/May.
- Attend a Jobs for Grads orientation for a job search “crash course” and for access to full-time job listings.
- Get your personal statement reviewed in the AA&CC.

Note: For the most up to date information, please check the UTSC Calendar.
SERVICES AT UTSC THAT SUPPORT YOU:
To learn about resources and departments that can support you, download the UTSC Student Experience app or visit uoft.me/StARTNow

Diversity & Inclusion
The University of Toronto Scarborough commits to intentionally foster a welcoming and supportive environment for students, faculty, and staff where diversity is valued, and every member of the community feels a sense of belonging on campus.
utsc.utoronto.ca/edo/

Academic Integrity
The university community supports an environment of academic integrity; these are values that include honesty, trust, fairness, respect and responsibility. Learn about the university’s academic rules and how to avoid accidental plagiarism by attending an Academic Integrity Matters (AIM) workshop.
academicintegrity.utoronto.ca/

Healthy Campus
UTSC provides supportive environments, resources and services to empower students to maintain their overall physical and mental health and foster their academic success.
uoft.me/healthycampus/

Co-Curricular Record
The co-curricular record is an official institutional document that recognizes your involvement outside the classroom as a significant part of your U of T experience.
clnx.utoronto.ca/CCR

DID YOU KNOW...
There’s a Population Health co-op program that combines academic studies with paid work terms.

FUTURE STUDENTS
For admission requirements to UTSC, check out the U of T Scarborough Viewbook or contact:
Admissions & Student Recruitment
University of Toronto Scarborough
Room HL104, Main Floor, Highland Hall
416-287-7529
admissions@utsc.utoronto.ca

CURRENT STUDENTS
Departmental Contact
Sean Ramrattan,
sean.ramrattan@utoronto.ca

Health Studies - Population Health Librarian
Kathryn Barrett,
kathryn.barrett@utoronto.ca, 416-208-5199

Academic Advising & Career Centre
Room AC213 | 416-287-7561

Department of Student Life
Room SL157 | 416-208-4760

Health and Society Student Association,
https://www.utsc.utoronto.ca/healthsociety/
health-and-society-students-association-
hssa

Glossary of acronyms:
AA&CC - Academic Advising & Career Centre
CLNx – Career & Co-Curricular Learning Network
CCR - Co-Curricular Record
CTL - Centre for Teaching & Learning
DSL - Department of Student Life
HSSA - Health and Society Students’ Association
ISC – International Student Centre
SCSU - Scarborough Campus Students' Union

DISCLAIMER: Please refer to the calendar for the most current and accurate information on programs and degrees: utsc.calendar.utoronto.ca