



Working Abroad

The decision to expand your horizons abroad can be realized through a variety of means. Finding the right opportunity for you requires time and effort.

Points to Consider

- ✓ Why do I want to work, volunteer, study or travel abroad – what are my expectations?
- ✓ What skills do I have and what skills will I gain through an experience abroad?
- ✓ Where can I find financial support? If I cannot secure support, do I have the financial means to go overseas?
- ✓ What work/study visa or citizenship requirements and health insurance coverage are required?

Work Exchanges

University of Toronto Study Abroad Supports

UTSC - utsc-isc.ca/abroad

UTSG - cie.utoronto.ca/Going.htm

UTM - www.utm.utoronto.ca/international/international-experience

Association Internationale des Etudiants en Science Economique et Commerciale (AIESEC) – www.aiesec.ca/toronto, 416-978-5433

- ✓ This international trainee exchange program is specifically set up for business students
- ✓ It will place you with a company and help orient you to the country when you arrive
- ✓ You must pay for your own room, food, and travel expenses as well as an administration fee and arrange for your own visa

Student Work Abroad Program (SWAP) – www.swap.ca, 416-978-2406

- ✓ This year-round program allows you to go abroad and work in short term positions, such as office administration, retail, hospitality and other service industries
- ✓ There is an application fee that pays for your visa and two days' accommodation and orientation when you arrive
- ✓ You are responsible for finding your own job in the host country

The International Association for the Exchange of Students for Technical Experience (IAESTE), www.iaste.org, 613-533-2030

- ✓ Very similar to the AIESEC exchange, this program caters to engineering students and some students in technical science areas
- ✓ Most positions are 8 – 12 weeks long during the summer. Wages are sufficient to cover expenses while in the host country, not airfare
- ✓ There is an application fee which is partially refundable

Before You Go

Before you travel, it is important that you conduct research so you can have a safe and enjoyable experience. Check out the following:

UTSC International Student Centre (ISC) – utsc-isc.ca/
Instructional Centre (IC)
Room 349, Phone: 416-287-7518

University of Toronto Safety Abroad Guide – www.cie.utoronto.ca/Safety

Going Global -

Going Global is accessible through [CLN](#), under Resources and provides an internship database, country guides and employer directories

Canadian Department of Foreign Affairs – www.dfait-maeci.gc.ca

Government of Canada Guide to Working Abroad - travel.gc.ca/travelling/publications/living-abroad

Registration of Canadians Abroad - travel.gc.ca/travelling/registration

Government Programs

- ✓ **Foreign Affairs and International Trade Canada (DFAIT) -**
www.international.gc.ca/education
DFAIT manages a number of programs: some provide Canadians with opportunities to develop their knowledge of the world; others provide foreigners with opportunities to learn more about Canada
- ✓ **Canadian International Development Agency (CIDA) –**
www.international.gc.ca/international/index.aspx?lang=eng
Provides information on the International Youth Internship Program (IYIP) which is available for Canadian graduates (ages 19 to 30 inclusive), part of the Career Focus stream of the Government of Canada's Youth Employment Strategy (YES)
- ✓ **Public Service Commission (PSC) -** jobs.gc.ca
Provides direct links to the human resources departments of more than 20 international agencies that Canada belongs to, including the United Nations and the World Bank. Many of these links also include information on student internships
- ✓ **Canadian Foreign Service Recruitment Program –**
www.international.gc.ca/jobs-emplois/index.aspx
If you wish to work in a Canadian Embassy or consulate, you must go through the Foreign Service Program. Normally a recruitment campaign is launched every fall through the PSC website. Note the process is very lengthy and may take 6-18 months. It is also very competitive, so do your research and be prepared
- ✓ **International Experience Canada -**
www.international.gc.ca/experience/index.aspx?lang=eng&view=d
Created to facilitate travel and work abroad for both Canadian citizens interested in going abroad and non-Canadians interested in coming to Canada. Canada negotiates bilateral reciprocal agreements with countries around the world to offer travel authorization and temporary work permits for up to one year

Non-Government Organizations (NGOs)

- ✓ There are many not for profit organizations operating in the developing world
- ✓ Projects are in a wide variety of areas including education, health, housing, economic stimulus, environment, emergency relief and human rights
- ✓ The Canadian Council for International Cooperation (CCIC) provides information about many of these organizations on their website: www.ccic.ca

International Opportunities Fair

Every January the AA&CC, in collaboration with the ISC, sponsors an International Opportunities Fair. You will be able to speak directly to representatives from a variety of organizations with interests around the world including internships, exchange programs, short term study and travel

Consulates

- ✓ If you are considering working abroad, set-up an appointment to visit a local consulate
- ✓ Consulates can provide you with information about employment visas, job opportunities and local laws

Please note: While every effort is made to avoid errors, information and web links change regularly. This tip sheet is intended as an informational document only.