"Crafting Care Through Language"
A workshop by Leanne Toshiko Simpson and Oubah Osman.
Wednesday March 4, 2020  4 pm - 5:00 pm in IC318

This workshop focuses on culturally-informed, writing-based mental health strategies in an inclusive space. Through this workshop, participants can experiment with language as connection and writing as an act of collaboration across understandings and intersections of lived experience. Crafting Care will help build community between folks who are struggling to access resources and creative space in Scarborough.

Event: Wednesday March 4, 2020  4 (for start of workshop) to 5 pm in IC318

Access Information:
Light refreshments will be provided. The doors (IC318) will open at 3:30 for conversation and refreshments.

Wheelchair accessible. An accessible all-gender washroom is located on the same floor as the event room. A microphone will be used by the speakers. Please help us keep the space scent free by refraining from wearing scented products.

Please contact the organizer, Nancy at Nancy.johnston@utoronto.ca with any questions about the event or additional access needs.

Biographies of the presenters:

Oubah Osman is a Somali-Canadian writer from Scarborough, Toronto. She holds a BA in English Literature from the University of Toronto Scarborough and she is a recent graduate from the University of Guelph's MFA program. She has been featured or is forthcoming in 20.35 Africa: An Anthology of Contemporary Poetry, CV2, Room magazine, Unpublished City Volume II, among others. Her chapbook titled Hereditary Blue was published by Anstruther Press is 2019. She is honoured to share her work with readers and audiences.

Leanne Toshiko Simpson is a Yonsei writer from Scarborough living with bipolar disorder. She rediscovered her love of writing at UTSC, and eventually followed that path to the University of Guelph’s MFA program. You can find her work in The 2019 Journey Prize Stories, Room, CV2, The Literary Review of Canada and Unpublished City II. These days, Leanne teaches multimedia storytelling and business communications at the University of Toronto and Ryerson University. She was named Scarborough’s Emerging Writer of 2016 and she currently teaches creative writing at the Centre for Addiction and Mental Health (CAMH) and with InkWell Workshops at the Royal Ontario Museum.